

## Worksheet 09: The job I hated most as an adult

I often hear people having “a-hah!” moments with this worksheet. For instance, you may have thought it was your boss that drove you out of your last job, but discover that it was actually the data entry and commute that drove you to leave.

**The job:**

**The job details:**

  

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**Why did you hate it so much?**

**What did you like about this job?**