

STEP 1: Know what you want

Do you know what you want next in your career? If you do, that is terrific. Jump ahead to Worksheet 10: My non-negotiables. But you might want to skim through these worksheets along the way. You might be surprised by what you discover.

If you are like most people, you probably are not very clear about what you want, and you struggle to tell other people what you want. These next worksheets will help you cut through the clutter and restrictions (real or perceived) in your life. Think boldly, and be open to new possibilities. For instance, this is not the time to say "I cannot be a _____ because I do not have any experience in _____." Instead, this is a time to say "Boy, if I won the lottery tomorrow, I would really love to _____." You might just find that your dream job, or something close to it, is not so far out of reach for you. Reality may require you take a less-than-ideal job right now, but you can still target a better job for yourself today. You are already doing the work. It will cost you nothing more to focus on what *you* want and who *you* are while you are at it. What you stand to gain is immeasurable.

Worksheet 03: When I was a kid...

Children know how to dream shamelessly. They know exactly what they do and do not like doing, and are not afraid to say it. A great way to get in touch with your grown-up dreams is to remember what you dreamed about becoming when you were little. Chances are good that the same little voice is still inside you. Your interests have matured and shifted here and there, but often that little mini-you is more in touch with the grown-up you than you are.

I wanted to be a:

Why?

I wanted to be a:

Why?