

## Worksheet 02: Find a champion

There is no good reason to do this alone- and you don't have to. You will get tremendous insight and support from people if you simply ask. Think about the people in your life who will stand by your side and offer support and encouragement to you through thick and thin. It might be your spouse, your neighbor, or a colleague or two. Now write down the names of the people you think you can lean on right now. Once you have listed a few people who you know will be there for you, you need to go ask them directly for assistance during your job search. What they bring to the table will vary, but their help will be invaluable.

**My Champions:**
